

Dr. Jamar D. Smith, PT

JamarSmithDPT@gmail.com
617 Malcolm X Ave SE Washington, DC 20032
C: (202) 213-8868

Employment & Experience

October 2016 – Current – **Functional Rehabilitation Group**

Contract Physical Therapy

Annapolis, MD

- Lead Physical Therapist at Annapolis, MD location
- Physical Therapy examination and treatment of patients in Outpatient setting
- Chronic Pain, Post-Surgical, Neurologic and Orthopedic Diagnosis
- Low to High level treatment for adults, athletes and geriatric population

August 2015 – November 2016 – **Robinson Occupational Health & Wellness**

Contract Physical Therapy / Clinical Consultant

Bowie, MD / Clinton, MD

- Lead and sole Physical Therapist at Clinton, MD location
- Lead Physical Therapist to start evening clinic in Bowie, MD
- Assisted with sourcing and hiring additional therapists
- Managed Massage Therapists during execution of government contract at the Armed Forces Retirement Home
- Physical Therapy examination and treatment of patients in Outpatient setting
- Post-Surgical, Neurologic and Orthopedic Diagnosis
- Low to High level treatment for young adult to geriatric population

August 2014 – Current **KinoFit Physical Therapy, PLLC - Founder & CEO** Washington, DC

- Provide contracted Physical Therapy consulting, training, services and staff to new and/or existing therapy companies

June 2014 – Current **Holy Cross Hospital – PRN**

Silver Spring, MD

- Physical Therapy examination and treatment of patients in Inpatient setting
- Post-Surgical, Neurologic and Orthopedic Diagnosis
- Low to High level treatment for young adult to geriatric population

March 2014- January 2015 **Corner Stone Rehab and Wellness –Home Care** Mitchellville, MD

- Physical Therapy examination and treatment of patients in Home setting
- Low to High-level treatment for young adult to geriatric population with intellectual disabilities.

November 2013- February 2016 **Howard University Hospital Employee** Washington, DC

- Physical Therapy examination and treatment of patients in Outpatient/Inpatient setting.
- Post-Surgical, Neurologic and Orthopedic Diagnosis
- Low to High level treatment for young adult to geriatric population

- January 2013 – March 2015 **Select Rehabilitation** –*PRN* Northfield, IL
- Current Assignment: Anchorage Nursing and Rehabilitation Center Salisbury, Md
 - Neurologic and Orthopedic diagnosis with a moderate to low-level geriatric population.
- November 2012 – Nov. 2013 **Critical Connection** - *Contract Physical Therapy* Bethesda, MD
- Assignment: Nova Care Dupont Circle Washington DC Outpatient Orthopedic PT
- March 2012 - November 2012 **Ardor Health** - *Traveling Physical Therapy* Coral Springs, FL
- Current Assignment: Howard University Hospital Outpatient/Inpatient PT July 2012 to November 2012
 - Previous Assignment Concentra Urgent Care Outpatient PT March – July 2012
- June 2011 - March 2012 **Sports Pro Physical Therapy**- *Employee* Upper Marlboro, MD
- Examined and diagnosed patients with various musculoskeletal pathologies in outpatient setting.
 - Designed and implemented patient plan of care, home exercise plan of care and decided discharge for patients
- Fall 2010 **Sports Pro Physical Therapy**- *Internship* Upper Marlboro, MD
- Examined and diagnosed patients with various musculoskeletal pathologies in outpatient setting
 - Designed and implemented patient plan of care, home exercise plan of care and decided discharge for patients with assistance of clinical instructor
- Summer 2010 **Maryland Orthopedics** - *Internship* Owings Mills, MD
- Examined and diagnosed patients with various musculoskeletal pathologies in outpatient setting
 - Designed and implemented plan of care for patients with the assistance of clinical instructor
- Summer 2010 **Genesis of Waldorf** *Internship* Walodorf, MD
- Diagnosed pathologies and created treatment plans for patients with neurologic, cardiac and diabetic complications alongside a clinical instructor in a sub acute setting.
 - Implemented and altered patient treatment plans with assistance of the clinical instructor
 - Performed proficiency of Pulse Lavage
- Summer 2009 **Healing Hands Physical Therapy** *Internship* Washington, DC
- Diagnosis pathologies and create treatment plans alongside a clinical instructor for patients with neurologic and musculoskeletal conditions.
- 2006- 2009 **Personal Trainer & Customer Service Representative** Greenbelt, MD
Gold's Gym- Star Fitness
- Create personal workout programs and train through functional and dynamic training methods

2006- 2008 **Operations Supervisor- Strength and Conditioning Department** Laurel, MD
Pallotti High School Strength and Conditioning

- Maintained data entry for employees (payroll)
- Supervised and maintained schedules for trainers as well as the strength and conditioning programs for all athletic teams.
- Instructed defensive and offensive skilled positions (runner back, defensive back, etc.)

2006 – 2007 **Office Assistant / Therapeutic Aid** Washington, DC
Methodist Home Nursing Facility Ergo Solutions Therapeutic Company

- Meet and greet patients
- Assist therapist in preparation of patients for treatment
- Transport patients to and from treatment area

State Licenses

Maryland	License Number: 23635	Status: Current
Washington D.C.	License Number: PT871384	Status: Current
Virginia	License Number: 2305210055	Status: Current
Florida	License Number: PT 27989	Status: Inactive

Education

High School Diploma	Dr. Phillips Sr. High School	Orlando, FL
United States Military Academy Preparatory School	Ft. Mammoth, NJ	
Bachelors Degree of Health and Science	05/2006	Howard University 3.6 GPA
Masters Degree in Physical Therapy	12/2010	Howard University 3.4 GPA
Doctorate of Physical Therapy	12/2011	Howard University 3.0 GPA

Continuing Education

Maitland Australian Physiotherapy Seminars- “MT-O: Orthopedic Diagnostic Exam”	June 2011
Jones Institute- “Strain Counterstrain II for the Extremities”	October 2011
Prevention of Medical Errors for Florida Physical Therapist	September 2012
Great Lakes Seminars Comprehensive Treatment of the Foot and Ankle	April 2013
Great Lakes Seminars Comprehensive Treatment of the Knee	April 2013
IPA “CoreFirst Strategies for Back Education and Training” (Scheduled)	October 2013
Institute of Physical Art (IPA) “The Functional Approach to PNF” (Scheduled)	November 2013
Great Lakes Seminars Applied Techniques of Manual Therapy, Mobilization of the Cervical & Thoracic Spine & Ribs	March 2015
Institute of Physical Art Functional Mobilization I	October 2015
Great Lakes Seminars Applied Techniques of Manual Therapy, Treatment of Common Extremity Dysfunction Through Mobilization	October 2015
OccuPro Functional Capacity Evaluation Training	January 2016
Institute of Physical Art Functional Mobilization II	July 2016

Professional Qualifications

Basic Life Support / CPR Certified 6/2016 - 6/2018

ClinicSource

HIPPA Certified

Microsoft Office

OSHA Certified

TherapySource

WebPT

Publications/Presentations

2009

“Total Shoulder Arthroplasty”- Advance Musculoskeletal class project

2010

“Assessing Balance”- Genesis of Waldorf Clinical Rotation Presentation

“Trigger Point Dry Needling Therapy”- Maryland Orthopedics Clinical Rotation Presentation

“Maitland Joint Mobilizations”- Sports Pro Physical Therapy Clinical Rotation Presentation

“Minimally Invasive Total Knee Arthroplasty”- Masters of Physical Therapy Capstone Project

“Total Knee Replacements” Your Health Magazine

2011

“Is Sitting At My Desk Causing My Neck and Back Pain?” Your Health Magazine 2011

Awards & Affiliations

Howard University Football Team- Running Back

2002-2006

Phi Beta Sigma Fraternity Inc.

2005-Current

Highest Academic Achievement Award- Bachelor Degree of Health Science

Class of 2006

Howard University Health Sciences Graduate Scholarship (\$2000)

2008- 2011